

**GUYS
GROWING
GODLIER**

CHRISTIAN FELLOWSHIP CHURCH

G3 SUMMIT FIELD MANUAL



**20
26**

WEDNESDAY

**08.00-
09.50AM**

SESSION 1 - FOLLOW THE KING

Men's Breakfast

09.50-
10.20AM

Table Discussion

10.20-
10.35AM

Table Cleanup & Break

**10.35-
11.25AM**

SESSION 2 - BATTLEFIELD COMMUNICATION

11.25-
11.55AM

Table Discussion/Workshop

**12.00-
01.00PM**

LUNCH

**01.00-
01.50PM**

SESSION 3 - WARRIOR DISCIPLINE

01.50-
02.20PM

Table Discussion/Workshop

**02.20-
02.30PM**

BREAK

**02.30-
03.20PM**

SESSION 4 - SACRIFICIAL LOVE

03.20-
03.40PM

Table Discussion/Workshop

03.40-
04.00PM

Wrap up, closing thoughts and challenge

MEET THE SPEAKERS



JOE MUSSO

LEADERSHIP COACH & SPEAKER



JON ACKERMAN

DIRECTOR OF SPIRITUAL DEVELOPMENT



CHRIS EADS

MT. HOPE CHURCH LEAD PASTOR



BRIAN BALES

CFC LEAD PASTOR

FOLLOW THE KING

“Submit yourselves therefore to God.”
— James 4:7

SURRENDER

Standing Down So You Can Stand Firm

Surrender is not weakness. It is a transfer of authority.

This session explores what it means to place every area of life under God’s rule.

SPEAKER: JOE MUSSO

Why Men Resist Surrender

Most men don't rebel by running from God. We rebel by staying in charge.

Underneath we think: ***"I don't trust God with the outcome."***

A man who won't kneel to God kneels to something else:

Work. Money. Control. Comfort. Approval. Escape.

"Trust in the Lord with all your heart, and do not lean on your own understanding."

— Proverbs 3:5–6

Reflection:

What do I reach for when I feel pressure, fear, or uncertainty?

Where do I not trust God enough to fully surrender and what is the "payoff" I am not willing to lay down to surrender fully to Him?

Nineveh - The Place We Avoid

Nineveh is not hardship.

It is the place God already named - and I avoid.

The storm exposed Jonah's resistance.

Nineveh exposes **mine**.

Slow down and notice what resonates:

- delaying obedience
- staying distracted
- staying busy
- rationalizing
- saying "later" instead of "yes"
- carrying responsibility God never gave

Write plainly. Don't edit yourself:

The area I most resist surrendering right now is:

Area of Life to Check For Surrender

Sometimes resistance hides in places that feel normal.

Take your time with this.

- Faith / prayer
- Marriage / relationships
- Sexual integrity
- Money / generosity / debt
- Work / ambition / identity
- Health / rest / body
- Anger / control / reactions
- Time / distractions / habits

Reflection:

Which area produces anxiety instead of peace?

Which area do I manage instead of submit?

What Surrender Would Actually Look Like

Surrender always moves toward obedience.

Not someday.

Not eventually.

Practically.

If this area were truly surrendered to God...

- What would I stop doing?
- What would I start doing?
- What boundary would need to change?
- What conversation am I avoiding?
- What decision am I delaying?

“Not my will, but Yours be done.”

— Luke 22:42

One concrete act of obedience this week:

Obedience looks like:

Taking Every Thought Captive

Surrender begins in the mind.

“Be transformed by the renewing of your mind.”

— Romans 12:2

C — Circumstance (What is actually happening?)

T — Thought (What am I telling myself about it?)

F — Feeling (What does that thought produce?)

A — Action (How do I respond?)

R — Result (What kind of fruit does it create?)

“We take every thought captive to obey Christ.”

— 2 Corinthians 10:5

Shifting Authority:

The thought currently in control:

God’s truth that must replace it:

What thought has to change for obedience to become possible?

Follow The King: Personal Notes

Bible References

Key Takeaways

My Next Action

Follow The King: Discussion Questions

1. How do men typically resist surrender to God?

2. How does the enemy keep men from going to their Nineveh?

3. What thoughts have to be taken captive when God calls a man to surrender?

Follow The King: Discussion Questions

4. Which of those thoughts shows up most often in my life right now?

5. Share one area where surrender has been hardest — and why.

6. What obedience might God be asking of you — even before you feel ready? What do you need from this table to walk that out?

BATTLEFIELD COMMUNICATION

Connection Before Strategy

PRAYER AS ENGAGEMENT, NOT ESCAPE

Prayer is not getting God to do what I want.

Prayer is discovering what He wants.

What God primarily desires is connection.

This session is an invitation to move from routine prayer to relational engagement with the living God.

SPEAKER: JON ACKERMAN

Battlefield Communication: Personal Notes

Bible References

Key Takeaways

My Next Action

Battlefield Communication: Discussion Questions

1. What has been your operational definition of “prayer” as a believer in Jesus? Not your theology, but your lived reality?

2. Why do you think God wants you to “pray”? What is “prayer” supposed to accomplish?

3. What would it mean to “get better” at prayer? What would be the actual benefit if I became someone who “prayed more”?

WARRIOR DISCIPLINE

Holiness Under Pressure

WHERE STRENGTH IS FORGED

What does it mean to be morally pure?

To be composed and rational in the face of spiritual challenge? To be free from excessive and unrestrained actions that distract us away from God and leads to sin?

This session is about becoming the kind of man who is steady, self-controlled, and aligned with God when pressure rises.

SPEAKER: PASTOR CHRIS EADS

Muscling In The Flesh vs. Walking In The Spirit

Read and discuss Galatians 5:16-25

“But I say, walk by the Spirit, and you will not gratify the desires of the flesh. For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do. But if you are led by the Spirit, you are not under the law.

Now the works of the flesh are evident: sexual immorality, impurity, sensuality, idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions, envy, drunkenness, orgies, and things like these. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God.

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.

And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also keep in step with the Spirit.”

— Galatians 5:16–25

How do you read your responsibility in Galatians 5:19-21?

What are the negative implications of failing to overcome these issues?

What do you need to *do* to achieve victory over these things?

How do you read your responsibility in Galatians 5:22-23?

What are the positive implications of achieving these issues?

What do you need to *do* to achieve these attributes?

How does Galatians 5:24-25 factor into this?

Scripture References

“There is therefore now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life has set you free in Christ Jesus from the law of sin and death. For God has done what the law, weakened by the flesh, could not do. By sending his own Son in the likeness of sinful flesh and for sin, he condemned sin in the flesh, in order that the righteous requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For the mind that is set on the flesh is hostile to God, for it does not submit to God’s law; indeed, it cannot. Those who are in the flesh cannot please God.

You, however, are not in the flesh but in the Spirit, if in fact the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, although the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus from the dead will also give life to your mortal bodies through his Spirit who dwells in you.

So then, brothers, we are debtors, not to the flesh, to live according to the flesh. For if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are sons of God. For you did not receive the spirit of slavery to fall back into fear, but you have received the Spirit of adoption as sons, by whom we cry, “Abba! Father!” The Spirit himself bears witness with our spirit that we are children of God, and if children, then heirs— heirs of God and fellow heirs with Christ, provided we suffer with him in order that we may also be glorified with him.”

— Romans 8:1–17

“I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.”

— Romans 12:1–2

Do you not know that in a race all the runners run, but only one receives the prize? So run that you may obtain it. Every athlete exercises self-control in all things. They do it to receive a perishable wreath, but we an imperishable. So I do not run aimlessly; I do not box as one beating the air. But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified.

— 1 Corinthians 9:24–27

“But you will receive power when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem and in all Judea and Samaria, and to the end of the earth.”

— Acts 1:8

My Part

1 _____

2 _____

3 _____

God's Part

Warrior Discipline: Personal Notes

Bible References

Key Takeaways

My Next Action

SACRIFICIAL LOVE

And Spiritual Growth

THE INVITATION TO GROW

Sacrificial love is not first a command to perform. It is a reality to receive.

Many men try to love sacrificially without first being secured in the love of God. We attempt effort without intimacy, discipline without assurance, service without surrender. Biblical growth does not begin with striving. It begins with receiving.

God's love is freely given, not earned.

SPEAKER: PASTOR BRIAN BALES

Sacrificial love is meant to be received and reflected.

When we understand how it _____, where the _____ is, and put in the _____ with the Holy Spirit's help, we grow more like God.

Big Idea: Sacrificial love isn't just a command to follow; it's a reality to _____.

To grow Godlier, we must receive, repent, and reflect.

1. RECEIVE — Understanding God's Sacrificial Love

The Concept: Many men operate with a transactional view of God
"He loves me when I _____."

This mindset clogs our spiritual pipes.

God's love is not based on what we _____ but on who _____ is.

"But God shows his love for us in that while we were still sinners, Christ died for us."

— Romans 5:8

"See what kind of love the Father has given to us, that we should be called children of God; and so we are."

— 1 John 3:1

Insight: Our growth is stunted when we try to earn a seat at a table where we've already been _____ a seat.

2. REPENT — God's Love as the Catalyst for Change

The Concept: Repentance isn't about being _____; it's about being _____ that God's way is better.

Sacrificial love makes God's presence more _____ than the temptations of our sin.

"Or do you presume on the riches of his kindness and forbearance and patience, not knowing that God's kindness is meant to lead you to repentance?"

— Romans 2:4

"The sacrifices of God are a broken spirit; a broken and contrite heart, O God, you will not despise."

— Psalm 51:17

Insight: We don't repent to get God to love us; we repent because He already _____.

Realizing the _____ of His love makes our sin feel _____ and less attractive.

3. REFLECT — Becoming a Pipeline of God's Love

The Concept: A man's call to serve is a call to _____ himself.
We love others not from our own _____, but as a pipeline of the love we have _____.

"Husbands, love your wives, as Christ loved the church and gave himself up for her."

— Ephesians 5:25

"We love because he first loved us."

— 1 John 4:19

"Greater love has no one than this, that someone lay down his life for his friends."

— John 15:13

"Follow God's example, therefore, as dearly loved children and walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God."

— Ephesians 5:1–2

Insight: Sacrificial love for others is the natural _____ of a man who is secure in God's love and walking in daily _____.

Sacrificial Love: Personal Notes

Bible References

Key Takeaways

My Next Action

Sacrificial Love: Discussion Questions

1. Where do you personally feel your “spiritual plumbing” might be clogged?

2. Which of the three areas—receiving, repenting, or reflecting—is the most challenging for you right now, and why?

3. Do you struggle more with believing God loves you, trusting His grace, or loving others from His strength instead of your own?

Sacrificial Love: Discussion Questions

4. What is one practical step you can take this week to open the pipeline of God's love in your life?

5. Who in your life needs sacrificial love from you right now?

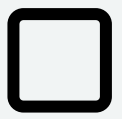
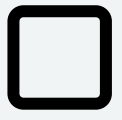
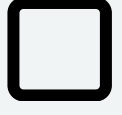
Key Takeaways

1

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My Next Actions



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CFC Resources

CFC Men's Events

Connect. Grow. Lead.



Men's Ministry Leaders

Bryan Moser - men@cfcwired.org



Monday Men's Group

CFC RM 301 - Mon 6:30 pm



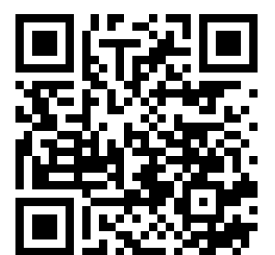
Silver Diner Men's Group

Silver Diner Ashburn - Tue 7:30 am



Ashburn Mens Group

Virtual - Wed 6:00 pm



Mid-Week Men's Group

CFC Coffee Shop - Wed 7:00 pm



IHOP Men's Group

Ashburn IHOP - Sat 7:00 am



Portal

CFC - Sat 8:30 am



RBC Resources

RBC Men's Ministry

restonbible.org/men



Men's Ministry Director

Brad Hummel - mensministry@restonbible.org



RBC FUEL

Zoom - Wed 6:25 am



RBC Join a Group

Find Your Community



Bill Beanland's Group

Sterling - Mon evenings at 7:30 pm



Brad Hummel's Group

Reston - Sat mornings at 7:30 am



Dan Morgan's Group

Sterling - Wed evenings 7:00 pm



John Smith's Group

Sterling - Sat mornings 7:30 am



Jim Soltys' Group

Reston - Mon evenings 8:00 pm



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