



Wellness Policy

Our greatest resource for providing a safe and healthy ministry environment is prevention. Please help us minimize the spread of germs by helping your child learn the basics of hygiene.

- Wash hands thoroughly
- Cover coughs and sneezes
- Keep personal toys or items at home
- Save hugs for Mom & Dad

Parents of infants and toddlers, please check your child's diaper before drop-off. We have changing tables, diapers & wipes for your convenience.

Parents are asked not to bring a child if he/she:

- Has run a fever within the last 24 hours
- Has had diarrhea or has vomited in the last 24 hours
- Has green or yellow discharge coming from nose or eyes
- Has an ongoing cough or sore throat
- Has been diagnosed or is suspected of having an infectious condition
- Has a rash or open sore
- Has lice

If there is any question regarding a child's health, we ask that parents keep their child home to protect the health of others. If your child becomes ill during programming, we will contact you to come get your child. Thanks for helping us keep our kids safe & healthy.

Family Ministries follows VDH (Virginia Health Department) health guidelines for our Nursery-12th grade programming and events. Our greatest resource in managing health concerns and infectious diseases is prevention. (Please reference our Wellness Policy.) If there is a public health concern we monitor the CDC, (Center for Disease Control) VDH, (Virginia Department of Health), and LCPH (Loudoun County Public Health) guidelines, recommendations and government issued mandates.

FROM THE VIRGINIA DEPARTMENT OF HEALTH

VDH is committed to the health and safety of students, teachers, and staff in K-12 schools and childcare programs. Respiratory viruses, including COVID-19, influenza (the flu), and respiratory syncytial virus (RSV), are a common source of illness in schools and childcare programs. This page contains information on common respiratory viruses and resources for school and childcare officials, parents and guardians, and the entire school and childcare community.

Please reference the link below for VDH healthcare guidance

<https://bit.ly/3ARdsBf>

To ensure the health and safety of those in our ministry, any child, volunteer, or staff member with the following symptoms and or conditions should not attend Family Ministry activities. If your child becomes ill during programming, we will contact you to come and get your child.

BEFORE ATTENDING CHECK:

- **FEVER:** Individuals must be fever free for at least 24 hours, without medication.
- **FLU & OTHER VIRUSES:** Individuals must be fever & symptom free for at least 24 hours.
- **VOMITING & DIARRHEA:** Individuals must be episode free for at least 24 hrs.
- **SORE THROAT & COUGH:** Individuals should not attend with a sore throat, croup, or persistent coughing associated with respiratory ailment.
- **NASAL DRAINAGE:** Individuals should not attend until any drainage is clear.
- **PINK EYE** Individuals may attend only after: 24 hours of antibiotics, no matting or drainage occurs, and individual is no longer rubbing eyes.
- **RASH & DIAPER RASHES** Individuals with an unexplained or contagious rash should not attend until it has completely cleared. Any child with a wet or bleeding diaper rash should not attend.
- **LICE & OTHER PARASITES** Individuals should not attend until after treatment, and all signs of live nuisances have been removed. Individuals must be free of lice and other parasites before returning.

PRECAUTIONS:

COMPREHENSIVE CLEANING CFC's facility and grounds are cleaned before and after events and services. The Children's Ministry areas, toys, tables and counter tops are disinfected after each used.

HAND WASHING/SANITIZATION

Each children's ministry room is equipped with "Children Only" restrooms for bathroom visits and hand washing as needed. The children's bathrooms display signage outlining instructions for effective hand washing. Hand sanitizer is located throughout Family Ministry programming areas. Please note that restroom use for outdoor events is limited and may be restricted to port-a-johns; hand sanitizers will be available.

MASKS

Wearing a mask may offer protection against COVID-19, and other respiratory infections. Consult your healthcare professional or the CDC for guidance to help you achieve the best result.

SNACK/REFRESHMENTS

Snacks and refreshments are served on a limited, special event, basis. All refreshments will be commercially made and pre-packaged. Personal water bottles are not permitted in the KidsZone or Route 54 classrooms. Children will have water breaks as needed.

WELLNESS POLICY

Our Wellness Policy simply asks that if anyone has been sick or has had symptoms of illness within 24 hours of an event or service, please do not attend. If during an event or service a child or student shows signs of illness; we will contact a parent to immediately come pick up their child.

COVID-19 • FLU • RSV • STREPTH RESTRICTIONS

Please do not attend any CFC activities if the following conditions exist:

- Fever (within 24 hours)
- Cough, shortness of breath, sore throat, muscle aches, loss of taste and or smell.
- Been in contact with anyone with infectious condition within 5 days.

PUBLIC HEALTH PROTOCOL

Close attention is paid to the Virginia government for public health updates or executive orders. At any time, restrictions and guidelines may change; we will adjust accordingly and keep you informed. If we are made aware of an exposure to any infectious diseases, we will do due diligence to make sure notifications are promptly and thoroughly made.

If you have questions or concerns please contact Richele Walker
Family Ministry Director @ rwalker@cfcwired.org.

