



Lessons from a Meal
with Jesus

July 6, 2025 Sermon Study Guide

Mike Haynes – Lessons from a Meal with Jesus:

It's Enough Luke 9:1-6 and 10-17 (NLT)

One day Jesus called together his twelve disciples^[a] and gave them power and authority to cast out all demons and to heal all diseases.² Then he sent them out to tell everyone about the Kingdom of God and to heal the sick. ³ “Take nothing for your journey,” he instructed them. “Don’t take a walking stick, a traveler’s bag, food, money,^[b] or even a change of clothes. ⁴ Wherever you go, stay in the same house until you leave town. ⁵ And if a town refuses to welcome you, shake its dust from your feet as you leave to show that you have abandoned those people to their fate.”⁶ So they began their circuit of the villages, preaching the Good News and healing the sick.

Jesus Feeds Five Thousand

¹⁰ When the apostles returned, they told Jesus everything they had done. Then he slipped quietly away with them toward the town of Bethsaida. ¹¹ But the crowds found out where he was going, and they followed him. He welcomed them and taught them about the Kingdom of God, and he healed those who were sick. ¹² Late in the afternoon the twelve disciples came to him and said, “Send the crowds away to the nearby villages and farms, so they can find food and lodging for the night. There is nothing to eat here in this remote place.”¹³ But Jesus said, “You feed them. “But we have only five loaves of bread and two fish,” they answered. “Or are you expecting us to go and buy enough food for this whole crowd?”¹⁴ For there were about 5,000 men there. Jesus replied, “Tell them to sit down in groups of about fifty each.” ¹⁵ So the people all sat down. ¹⁶ Jesus took the five loaves and two fish, looked up toward heaven, and blessed them. Then, breaking the loaves into pieces, he kept giving the bread and fish to the disciples so they could distribute it to the people. ¹⁷ They all ate as much as they wanted, and afterward, the disciples picked up twelve baskets of leftovers!

A Life Application Study Guide

James 1:22-25 tells us to put into practice what we are discovering in God's word.

REVIEW: We are in week 3 of this series. Two weeks ago, we met Levi (also known as Matthew) who joined Jesus' disciple team as an unlikely team member because of his reputation. And we were challenged to remember that we are expected to share the Gospel with everyone because everyone is worthy, even when others define them as unworthy. Last week Jesus was invited to dine with Simon the Pharisee and Jesus did some healing by forgiving in that story of a woman considered by Simon as unworthy. So, we see a theme unfolding.

DISCUSSION POINTS

1. Today, Mike outlines the Haynes Saga and the past 22 months of his family's life events. He talks about how any of us could be tempted to see ourselves as victims and as a result God becomes an afterthought.
 - Think of a time when life circumstances became overwhelming and all you did was focus on what you needed and forgot that God had the power to meet those needs. What emotions surface as you look back at your story?

2. In Luke 1- 6 we only see minimal details as Jesus gives the disciples superpowers (that up to that point only Jesus had) and He sends them out to perform miracles like casting out **all** demons and healing people from **all** diseases.
 - When was the last time that you cast out a demon or healed someone with a terrible disease?

 - Mike suggests that we have the same superpowers (we are filled with the Holy Spirit), so what do you think we may be missing?

3. Mike notes in verses 3-4 that Jesus gave the disciples additional instructions.
 - What do you see in these verses? ³ *"Take nothing for your journey," he instructed them. "Don't take a walking stick, a traveler's bag, food, money,^[b] or even a change of clothes. ⁴ Wherever you go, stay in the same house until you leave town*
 - What do you imagine the disciples were thinking?

- Have you ever traveled with literally nothing but the clothes that you were wearing? If yes, share your story and describe what might be the outcome.
4. When Jesus attends a meal there is always more than just food involved. In this story, Jesus gives His disciples another opportunity and they don't seem to embrace it. In fact, they try to give it back to Jesus and He *lobs it back over the net* to them.
- Remember they had just returned from casting out demons and doing some miracle type healings and now they cannot figure out how to feed 5000 men and their families. They got a little testy with Jesus pointing out that 5 loaves and 2 fish were *not even close to enough*. What had they forgotten and how narrow was their focus?
5. Reading this familiar story what do you now see that perhaps because of Mike's teaching looks different to you?
- How did Jesus respond to the very small number of fish and the loaves and how did He include the disciples in the miracle?
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- What was the lesson in this meal on that day?
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- Look back at Mike's story and your own, what are you willing to give to Jesus that He can then multiply for Kingdom use?

Take Away-

Who could you invite to join you at your table this week to share the gift of a meal and table fellowship and maybe even an unexpected miracle?